

# Dwellingup Adventure Trails

## Murray Valley Mountain Bike Trails

This network of purpose-built single-track trails offers riders a stunning experience through Lane Poole Reserve. With a variety of trail types and styles, the Murray Valley trails have something for everyone.

The Murray Valley mountain bike trails are part of the Dwellingup Adventure Trails network, which includes walk, cycle, drive and canoe experiences. The icon for this extensive and exciting network is the karrak, also known as the forest red-tailed black cockatoo. Its large size, striking red tail feathers, loud 'karraaaaak' calls and noisy eating habits make this uniquely West Australian cockatoo easy to spot in the forests around Dwellingup and Lane Poole.

There are opportunities throughout the trail network for you to discover more about the local wildlife, landscapes, history and cultural heritage that make the Dwellingup Adventure Trails an experience you will want to enjoy many times over.



### Trail Classes:



#### Easy Trails

Typically flowing open trails on firm terrain with gentle gradients. Surface may be uneven, loose or muddy at times. Riders may encounter small rollable obstacles and technical trail features. Recommended for beginner mountain bikers.



#### Moderate Trails

Typically narrow trails with loose, soft, rocky or slippery sections and hills with short steep sections. Riders will encounter obstacles and technical trail features. Recommended for intermediate riders with some technical mountain biking experience.



#### Difficult Trails

Variable surfaces and/or steep gradients. Riders will encounter large obstacles and technical trail features. Recommended for experienced riders with good technical skill levels.

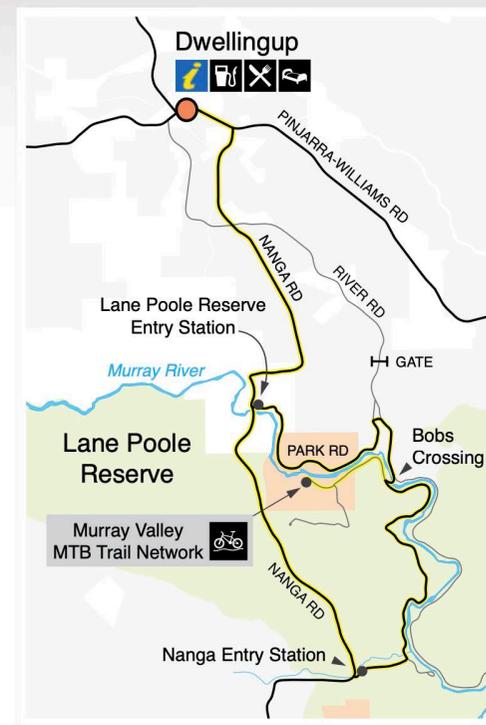


#### Adaptive Trails

These trails have been rated under the Australian Adaptive Mountain Biking Guidelines.

### How to get there:

Enter Lane Poole Reserve at the main entry station or at Nanga, follow signs to Bobs Crossing and the Murray Valley MTB trail network. Entry fees apply.



### WA Mountain Bikers Code

<b>Safety</b>	<b>Be prepared. Know yourself, your bike and your way.</b>	Check trail conditions, tell someone your plans, take enough water, clothes and first aid. Check your bike, helmet and gear, read the trailhead and choose your trail, ride within your skills and abilities.
<b>Environment</b>	<b>Respect your trail and the environment.</b>	Follow signage, stay on track and don't take shortcuts, protect wildlife and plants, take rubbish home, prevent spreading Phytophthora dieback, keep your bike and gear clean.
<b>Attitude</b>	<b>Make it a good experience.</b>	Share the trail, pass safely and courteously, help others out.



**Mountain biking is a potentially dangerous activity.**

It should only be undertaken with a full understanding of all the inherent risks. This information must be used along with your own experience, intuition and careful judgement.

### Ride with a buddy

There are areas where you may not have mobile reception on the trails, that's why it's always a good idea to ride with a buddy.

### For further information

about these trails contact the Department of Biodiversity, Conservation and Attractions at Perth Hills District office. Phone: (08) 9290 6100

### Emergencies:

**In the event of an emergency, phone Triple Zero (000).** The nearest emergency hospital is located in Mandurah. Mobile phone coverage is available at the top trailhead (The Roost) and Lane Poole Reserve entry station.

#### IN AN EMERGENCY



Download the free Emergency+ app to call for emergency assistance if ever required. If there is no mobile phone coverage you WILL NOT be able to call 000 but the app will provide you with GPS location details.



[mtbwa.com.au/dwellingup/](http://mtbwa.com.au/dwellingup/)



Dwellingup Adventure Trails



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Department of Biodiversity, Conservation and Attractions



**DWELLINGUP**  
ADVENTURE TRAILS



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## Choose your trail:

Consider your skills and experience before choosing a trail.



### Munda Biddi Trail

The Munda Biddi, an easy green trail, forms the spine of the Murray Valley trail network. Riders should be aware that the Munda Biddi is a dual direction touring trail and look out for oncoming cyclists.



### Snotty Gobble 900m

A cross-country trail that can be combined with the Munda Biddi for a fun and easy loop that everyone will enjoy.



### Rock On 2.1km

A cross-country trail with a rocky climb that rewards riders with a rolling, flowy descent.



### Yarri Up 2.3km

A cross-country climbing trail that connects to the descending trails, providing an easy alternative to shuttling.



### Quolity Street 1.4km

A cross-country trail providing an enjoyable loop option off the Munda Biddi with views up the river valley, linking to Chuditch Campground.



### Year 1 2.3km

A descending trail suitable for beginners. The trail is a steep and fast flow trail with wide open rollers and big berms.



### Captain Hook 1.1km

A cross-country climb with tight and steep climbing switchbacks that are sure to get your heart pumping!



### Quokkamoly 1.3km

A descending cross-country trail with technical features and fast berms that lead onto a short dual slalom track to race your mates. Test your XCO skills by linking with Captain Hook to create an XCO race loop.



### Blue Marron 3km

A long cross-country trail. A climb rewards you with a fast and steep technical descent through ancient granite boulders with sweeping views over the valley. This blue trail has optional black features and alternate lines.



### Fault Line 2.4km

A climbing trail that will test your legs as you tackle the tight climbing switchbacks.



### Inzamia 2.3km

This all mountain descent is a long, leg-burning pump trail. This trail will have you grinning from start to finish.



### Tombstone 1.3km

A hand built all mountain trail that winds its way down the ridge to the downhill trails.



### Later-rite 1.2km

A rocky, all mountain ascent to Tombstone, Inzamia and Karrakatoa.



### Busted Nuts 1.6km

This fast, all mountain feature-packed descent will have you on your toes with big jumps and berms. This blue trail has optional black features and alternate lines.



### Boom Boom 1.4km

A descending flow trail for experienced riders, which has large tabletops, step downs and step ups, rollers and berms.



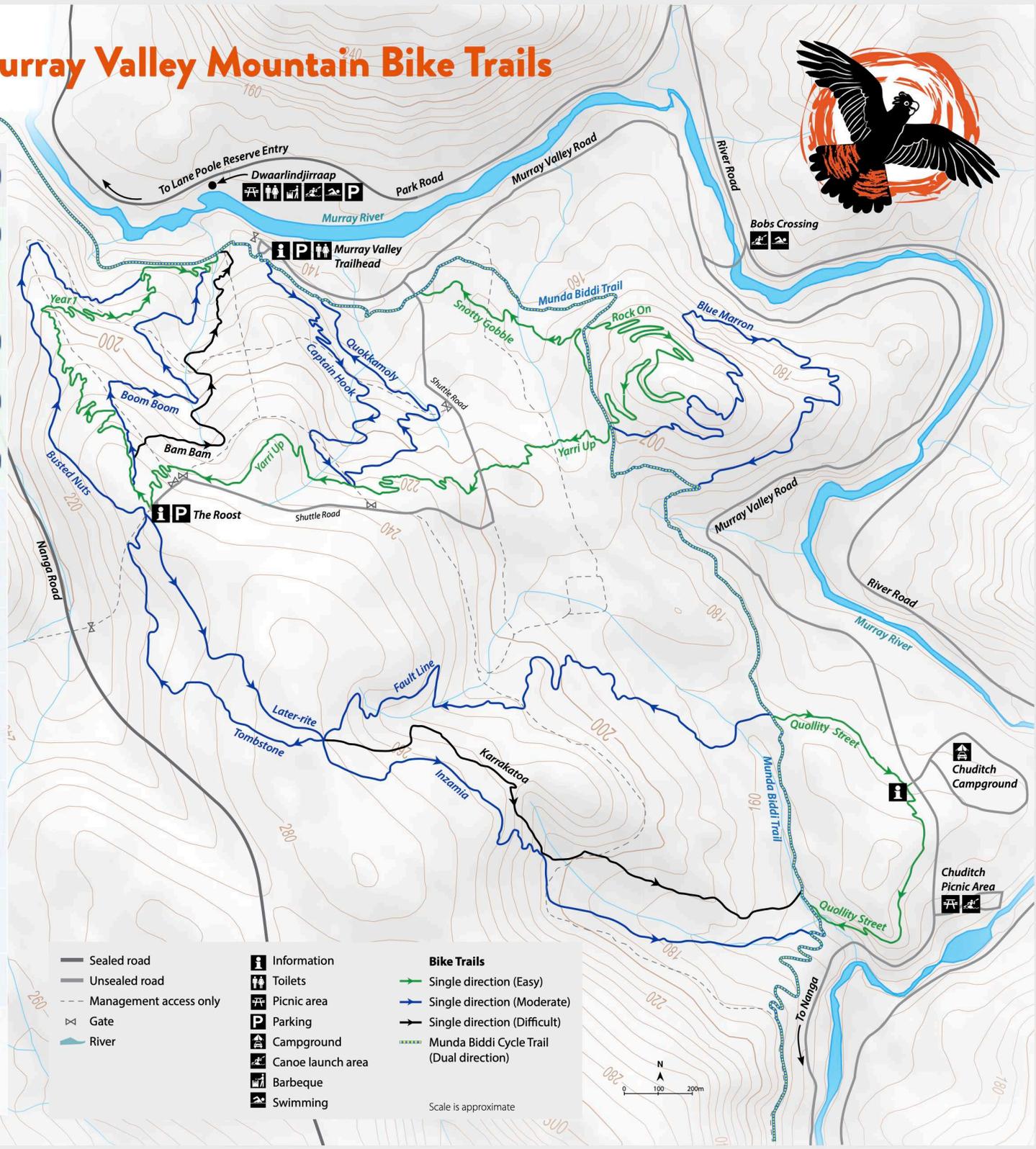
### Karrakatoa 2.2km

An all mountain descent, traversing rocky terrain into dense forest. For advanced riders only; this trail is fast with steep drops and jumps.



### Bam Bam 1.3km

A black descending flow trail not for the faint-hearted, with challenging double whale back jumps and rollers, steep step downs and rock gardens.



Bobs Crossing

Chuditch Campground

Chuditch Picnic Area

Scale is approximate